

Join Clarity Life Coaching Community



Encounter a close-knit, genuine community of professional women dedicated to transforming unhealthy thought patterns over a four-month journey. In this supportive group environment, you'll enhance your growth while benefiting from the encouragement and accountability of your peers.

- Foster genuine connections with co-workers, employees, clients, and potential clients.
- Engage in meaningful conversations that drive change and deliver results.
- Utilize time management strategies, such as "power sessions," to boost productivity and accomplish more in less time.
- Let go of the need to be right, enabling effective feedback to be shared and received.

The Experience

- ✓ One-hour private session: Personalized debrief of your assessment and goal-setting session previous to starting group coaching.
- ✓ Group Coaching: 8 sessions provide a supportive and collaborative environment where you can share your experiences, learn from others, and receive guidance.
- ✓ Materials and Resources: Habit Finder Assessment, Workbook and App. Sessions will be recorded for referencing.
- ✓ Accountability and Motivation: Stay on track with your goals and aspirations with the support of your small group.
- ✓ One-hour culminating session: Another private hour with Catherine post-group sessions to review your progress and strategize a game plan to continue in forward motion.

Join us for the Fall 2025 group!
Group starts Thursday September 4th meeting every other week for eight sessions from 12-1 PM EST

Investment-\$1,697

Payment Plan Available-Four monthly payments \$424.25

Register at: www.clarity-lifecoach.com/join-clc-community/

CLARITY
— LIFE COACHING —